

2020

LGBTQ+ Resource Center: Identity Guide

Amber Jackson

University of Wisconsin-Milwaukee LGBT Resource Center

Follow this and additional works at: https://dc.uwm.edu/lgbt_instruct

Recommended Citation

Jackson, Amber and University of Wisconsin-Milwaukee LGBT Resource Center, "LGBTQ+ Resource Center: Identity Guide" (2020). *LGBT Resource Center Instructional Materials*. 2.
https://dc.uwm.edu/lgbt_instruct/2

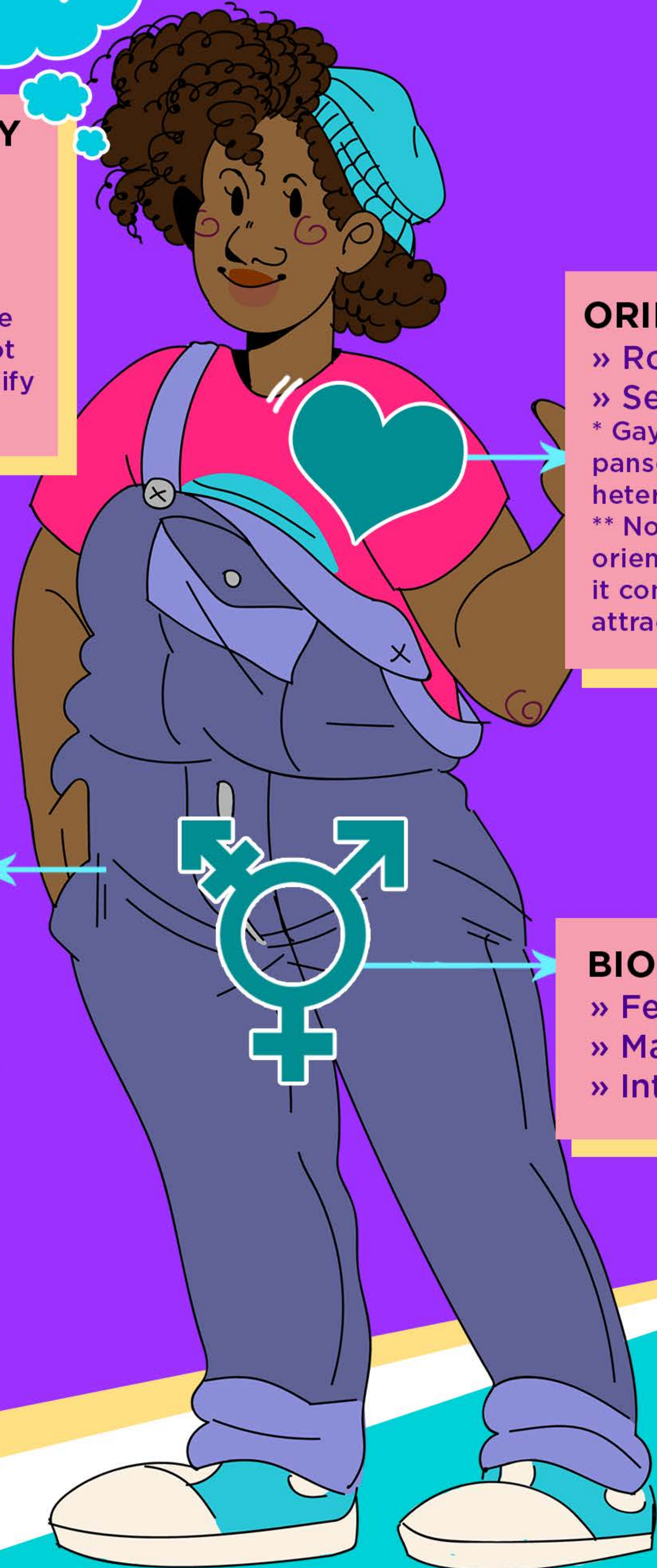
This Article is brought to you for free and open access by UWM Digital Commons. It has been accepted for inclusion in LGBT Resource Center Instructional Materials by an authorized administrator of UWM Digital Commons. For more information, please contact open-access@uwm.edu.

THE IDENTITY GUIDE



GENDER IDENTITY

- » Transgender / Non-binary
 - » Cisgender
- ** Note: Although non-binary falls under the transgender umbrella, not all non-binary folks identify as transgender.



ORIENTATION

- » Romantic
 - » Sexual
- * Gay, lesbian, bisexual, pansexual, asexual, aromantic, heterosexual
- ** Note: Many of these orientations may overlap when it comes to romantic and sexual attraction.

GENDER EXPRESSION

- » Feminine
- » Masculine
- » Androgynous

BIOLOGY

- » Female
- » Male
- » Intersex

GENDER IDENTITY

is the way in which someone perceives their own gender on a spectrum (for example, identifying as a man, woman, anything in between, or nothing at all). This may or may not align with their biological designation.

ORIENTATION

refers to the way in which someone is attracted to others (whether it be romantic, sexual, both, or neither).

GENDER EXPRESSION

is how one performs their identity to society. Examples may be wearing a dress to express femininity, or cutting your hair to appear more masculine. There are many mixes of expressions a person can have, and could even lack any expression of femininity or masculinity. Despite this, expression doesn't always correlate with identity for many different reasons. You shouldn't assume someone's identity based off of how they outwardly express themselves.

BIOLOGY

is what you were designated when you were born based on genitals and chromosomes (female and male). Much like everything else, biology is on a spectrum. Intersex folks do not fit into the binary "male" and "female" categories, whether it be variations of genitalia, chromosomes, or hormones. Biology is **NOT** the same as gender identity, and you shouldn't ask anyone about their biology unless they have given consent.