APPENDIX A:

ILLINOIS ADMINISTRATIVE CODE, REGS. FOR SINGLE ROOM MATERNITY CARE
Ill. Admin. Code, Regs. for Single Room Maternity Care

Section 250.1870 Single Room Maternity Care

a) Hospitals may establish a single room maternity care program in compliance with this Section. The single room maternity care program may include the hospital's entire maternity service or a specific portion of the hospital's maternity service.

b) General Description

1) A single room maternity care program provides labor, delivery, recovery, and postpartum care for a mother in a single room. The combination of functions in a single room is designed to reduce the movement of the mother within the hospital.

2) The single room maternity care program must be coordinated with other maternity services of the hospital. Facilities for emergency Cesarean deliveries must be available. Single rooms may be used for all levels of maternity care, other than Cesarean deliveries, based on the hospital's program.

3) Rooms used for single room maternity care must include facilities for care of the infant during delivery and immediately after birth. Such rooms may also include facilities for rooming-in care of the infant.

c) Program Establishment

1) The single room maternity service program shall be submitted to the Department as an amendment to the hospital's maternity and neonatal services plan. The amendment shall include all of the policies and procedures for operation of the program which are required by this Section.

2) The program shall be approved by the Board of the hospital prior to submission to the Department.

3) Architectural plans for any remodelling or changes in room functions which are required for operation of the program shall be submitted to the Department for review as provided in Section 250.2420.

4) Any increases or decreases in the number of beds in the hospital's maternity service which occur as a result of the establishment of a single room maternity care program may also require the approval of the Illinois Health Facilities Planning Board. Refer to the rules of the Illinois Health Facilities Planning Board at 77 Ill. Adm. Code 1100 and 1110.

5) The hospital shall not implement the program prior to approval of the program and any architectural plans by the Department.
Appendix A

Section 250.1870 (continued)

d) Designation of Rooms. The single room maternity care program shall specify the specific rooms which will be used for single room maternity care. These rooms may be used as patient rooms for other maternity patients in the maternity unit at times when they are not being used for single room maternity care.

e) Staffing Requirements

1) The program shall include a staffing plan which meets the nursing needs of the patients.

2) The program shall include provisions for specialized orientation and training for nurses and other health care personnel in the operation of the single room maternity care program, including the care of both mothers and infants.

f) Visiting Requirements. The program shall include specific policies and procedures concerning visiting. These policies and procedures shall include the following:

1) A requirement that the consent of the mother and the physician be obtained for each visitor who will be permitted in the room during delivery.

2) Provisions for prior orientation and education for visitors who will be permitted in the room during delivery.

3) A requirement for gowning and handwashing by all visitors who are present in the room during delivery.

4) Provisions for visiting during labor, recovery, and postpartum care of the mother which comply with Section 250.1830(k).

5) Provisions for visiting during rooming-in of the infant which comply with Section 250.1850.

g) Physical Plant Requirements

1) Each room used for single room maternity care shall be a single patient room. Rooms for multiple patients are not permitted.

2) Minimum Room Sizes

A) Each room used for single room maternity care shall include a minimum dimension of 12 feet and a minimum clear area of 250 square feet, except as provided in subsections (g)(2)(B) or (g)(2)(C) of this Section.
Ill. Admin. Code, Regs. for Single Room Maternity Care

Section 250.1870(g)(2) (continued)

B) Rooms which were approved for use as "birthing rooms" by the Department prior to September 1, 1990, may continue to be used for single room maternity care. The hospital must follow the policies and procedures under which the rooms were approved.

C) Rooms which contain a minimum dimension of 10 feet and a minimum clear area of 180 square feet will be approved by the Department for single room maternity care, when the hospital demonstrates that all of the following conditions are met:

i) Policies and procedures for assessing the level of risk for each patient, for determining which patients may not utilize single room maternity care, and for referring patients to other facilities have been established and are being followed.

ii) The hospital participates in a Regional Perinatal Network and has been approved for Level I or Level II care. The hospital does not provide Level III care as described in the Department's rules entitled "Regionalized Perinatal Health Care Code" (77 Ill. Adm. Code 640).

iii) At least one delivery room with a minimum clear area of not less than 300 square feet is available for more complex deliveries and unanticipated risks. The delivery room must be in the maternity unit, on the same level as the rooms in which single room maternity care is provided, and accessible without passing through any areas used for functions other than single room maternity care, labor, or delivery, and without traversing any obstacles. In determining the accessibility of the delivery room the Department will consider factors such as traffic patterns, corridor width, corridor width changes, and number of turns.

iv) The medical staff of the hospital has approved the use of the rooms for single room maternity care based on their medical judgment that such care can be provided safely within the rooms.

D) For purposes of this subsection (g), clear area shall include only useable space within the room and shall not include entry or vestibule areas, space required for door swings, or space for fixed, immovable furniture. The bathroom shall not be included in calculating the clear area of the room.
Appendix A

Section 250.1870(g) (continued)

3) Staff Handwashing Sink

A) Each room used for single room maternity care shall have direct access to a handwashing sink for the exclusive purpose of staff handwashing prior to and during the delivery process. The sink may be used for other purposes at other times.

B) The staff handwashing sink must be adequate in size and appropriately equipped to allow thorough handwashing.

C) The staff handwashing sink may be located in the room, in the adjacent bathroom (if the bathroom is not shared with another patient room), or directly outside the room.

4) Bathroom

A) Each room used for single room maternity care shall include a bathroom equipped with a toilet and with a shower or bathtub. The bathroom shall also include a sink, unless a sink is located in the patient room.

B) The bathroom shall be directly accessible from the patient room without going through the corridor.

C) Bathrooms may be shared by no more than two patient rooms.

5) An area for gowning by staff and visitors prior to delivery shall be provided within or immediately adjacent to each room used for single room maternity care.

6) Rooms used for postpartum care of the mother shall also comply with the patient room requirements of Section 250.2630(d)(1) or Section 250.2440(d)(1).

7) Adequate nursery facilities shall be provided when roaming-in of infants is not utilized, when individual mothers choose not to participate in roaming-in of the infant, and when intermittent roaming-in of infants is utilized. [See Sections 250.1830(e), 250.1850, 250.2440(h) and 250.2630(h).]

8) Each room used for single room maternity care shall also comply with the following requirements:

A) Mechanical requirements for patient rooms in Section 250.2480(e)(8) or Section 250.2660.

B) Electrical requirements for patient rooms in Section 250.2500 or Section 250.2680.
9) Wall, floor, and ceiling finishes shall be cleanable. All finishes shall be able to withstand cleaning and treatment with chemicals and disinfectants.

h) Equipment Requirements

1) All equipment necessary for delivery, for emergency care of the mother, for infant care, and for infant resuscitation shall be available to each room used for single room maternity care.

2) A complete set of delivery and infant care equipment shall be provided for every four or fewer rooms used for single room maternity care. For example: if four rooms are used, one complete set of equipment shall be provided; if five to eight rooms are used, two sets of equipment shall be provided; if nine to twelve rooms are used, three sets of equipment shall be provided.

3) Equipment may be stored in an equipment alcove or closet in the room, or in a separate equipment storage room. However, the equipment must be accessible for use without passing through another patient room. Each equipment storage area shall be located on the same floor and not more than 75 feet from each of the rooms served by the equipment storage area.

i) The policies and procedures approved by the Department in the amendment to the hospital's maternity and neonatal services plan shall be followed in the operation of the program. The program shall also be operated in accordance with all other requirements of this Part, unless specifically modified by this Section.

(Source: Added at 14 Ill. Reg. 13824, effective September 1, 1990)